

**Ready to
jumpstart
Spring?**



Kubaton: a self-defense course

Don't be a victim of assault or violence!

This course will cover how to use this amazing tool to defend yourself. Learn techniques for any situation, along with crime prevention tips.

When: Friday, March 27 – 6:30 to 8:00pm

Cost: \$20.00 – includes a Kubaton and manual

Note: registration and payment are due on or before Thursday, March 19

Shuharikan Aikido Dojo

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The Shuharikan Dojo is a Minnesota Non-Profit Educational Corporation.